



## 松鶴養生丸 Song Zhen



.



材料: 長白山松針,炙甘草

- **松鶴養生丸:** 治百病,安五臟,耐寒暑,耐風吹雨打,輕身益氣,守中而辟穀延年。預防脫髮、心腦血管疾病、高血壓、膽固醇及關節痛,促進毛髮再生。
- **功能:** :祛風活血,生毛髮,明目,解毒。強五臟,延年益壽。鎮心寧神,幫助失眠,抑制皮膚皺紋,色斑,具有美白護膚效果。有自然減肥,瘦身之功效。松針長期服用,令免疫系統功能增強。
- Ingredients: Zhang Bai Shan Song Zhen, Zhi GanCao
- Indications:This herbal formula is good for hair loss prevention, cardiovascular disease, high blood pressure, and<br/>cholesterol. It promotes hair regeneration, tonifies blood, and improves vision. It promotes detoxification.<br/>Strengthens the kidney, helps insomnia, and inhibits wrinkles and pigmentation with skin whitening effect. Long-term use<br/>of pine needles improves your immune system.

Concentration: 5:1

- Specifications: 12, 45, 90 Vegetable Capsules (500 mg per capsule)
- Usage: 2-3 capsules each time, 3 times a day before or after meals, or as directed by your herbalist/practitioner

## 禁忌 — Caution

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- Pine resin can cause skin irritations and reaction in some people。

   松針可能會導致一些人有皮膚過敏的反應。
- 2.Pregnant women and people with kidney disorder should not take pine tea.孕婦及腎臟有問題的人不宜服用松針。
- 3. Low blood pressure patients are advised not to take it. 低血壓者不宜服用。
  - It may not be suitable for you if the symptoms do not ease in a few days. 三天后如果症狀沒有緩解,它可能並不適合你
    - Keep out of reach of children. 請置於兒童接觸不到的地方。





## **松針--Chang Bai Shan Song Zhen** 松針--性溫苦,無毒,入肝、腎、肺、脾諸經,治各髒腫毒,風寒濕症。 Chang Bai Shan Song Zhen --Pinus tabuliformis



## 炙甘草—Gan Cao

**炙**甘草-- 味甘,益脾,補氣,清熱,去毒,排痰,止咳,止痛,和其他藥味。用於脾虚消化不良,疲倦,無力,心跳,氣短,痰多咳嗽. Gan Cao - Honey Prepared Licorice-- Sweet, Mild Zhi Gan Cao tonifies the Qi, nourishes Yin and blood deficiency, promotes Circulation of heart blood, restores the pulse, and calms the Shen.

The information provided here is for healthcare professional practitioners only. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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